

# Exchange report

What KEA program did you attend at the time?

- E-design

Name of the host institution:

- ESCS is under Instituto Politécnico de Lisboa.

Period of study

- 20th September to 31st January

## **Introduction:**

why did you choose to study abroad? and what were your expectations of your stay abroad.

I choose to go on exchange in my 3th semester. Because I saw I at as good opportunity in general and I liked the subjects the host school had.

In my 3th semester we have electives subjects as an E-Designer, so I wanted to try something different. Also, to challenge myself and improve my English.

My expectations in general was to learn some new stuff and make some international friends and see Lisbon.

## Experiences at the host university

- A description of the subjects you studied, with references to the learning agreement, the course unit titles and the course descriptions, which can be included as appendices. How helpful was the receiving school in the process of choosing classes and settling you in?

You can switch subjects the 1. Month which is good, but they cut use some more time to show the school.

I choose these subjects:

- Digital Media Laboratory

In this subject we learned about social media and how to use them. We made a Youtube channel and made videos.

- Graphic Design

If you like to know how to use Adobes program as illustrator and In design you will love this one.

- Innovation, Technology and Society

This subject we learn also about innovation and innovative companies the teacher have a lot of experience.

- Integrated Communications Laboratory

How to communicate as company and who.

- Photography

In this subject you learn how to deal with a photography manually.

- Video Post-Production

Learn to use edit videos.

- A description of the teaching methods and of the teachers – anybody you can recommend?

I will recommend mostly of these subjects but not Photography and Digital Media Laboratory. The other subjects have really good teachers and good content. I learn a lot in these subjects. I learned a lot in Graphic design and became good in the programs. The Innovation teacher is really experienced and has a lot of knowledge. Integrated Communications was also really useful to my studies. In Digital Media I didn't learn that much theoretical stuff, but it was fun to make videos. I didn't find Photography useful as I thought it will be nice and creative. But its knowledge about how to use a photography manually and the teachers is bad.

## Social and cultural experiences

Lisbon is a great beautiful city and a perfect city to go Erasmus in. I made a lot of friends. Lisbon have a lot of communities to join for Erasmus students which made it really easy to find friends and stuff to do. They arrange affordable trips and a lot of get together things and a lot of parties. Lisbon have so many cultural things to do and most of them are affordable and in the summer time till October its packed with events.

## Cultural/Personal Experience

1. What challenges did you experience culturally while being abroad?

The Portuguese people are friendly in general and can communicate in English, but a lot of young people are not that good in speaking.

2. What was the best cultural/personal experience during your studies abroad?

Everything about the city and opportunities

3. What advice would you give other KEA students going to study abroad at the receiving school?

I already talked about my experience with the subjects and if you like the subjects then I will recommend them. But not Photography take something else.

## Practical experiences

- How did you travel to the country and city of study, where did you stay, where did you eat, what did it cost, etc.

If you are in good time you can sometimes get some cheap fly tickets and by flight is the only way. In Lisbon they have good public transport options and its cheap to take bolt sometimes cheaper. We found our apartment on Spotahome but I will recommend to find it on Facebook in Erasmus groups because its cheaper and sometimes the same rooms or flats.

I mostly cooked by myself and the cost is cheap compared to Denmark also to go out and get some food.

How was the application process?

It wasn't so smooth because the system ESCS use is really complicated but KEA (Hanne Vang) been huge help to our process. Hanne have been really fast to answer and helped in every way.

What kind of expenses did you have in general?

Did you spend more or less money than you budgeted with?

Lisbon is cheap so it's a good destination to go to. I thought the accommodation would be cheaper than it was to rent a room, or an apartment is similar to Copenhagen maybe a bit cheaper. But everything else is affordable and cheap. So, I spend a bit more than I budgeted because of the accommodation but if you land a Scholarship you can definitely afford it.

Conclusion

- To what extent were you expectations met, both professionally and culturally?

I will recommend everybody to go abroad in Lisbon is such cool city and is really growing on you! The weather is perfect and there so many things to see and do. So, you would not get bored in this city, and there is big social life in Lisbon and communities to meet and share things with. So, don't be scared to go on your own! Lisbon is really chill and calm and the same are the people and the school sometimes you need to be a bit more patience than you are used to. ESCS is a good school and have some interesting subjects if you like it a bit creative and an international view on the subjects. You also learn a lot from your colleges.